

WHAT YOUR SHARE MIGHT INCLUDE DURING
EACH PART OF THE SEASON

Early

Salad Bowl Lettuce
Cabbage
Broccoli Onions
Beets Radishes
Snow Peas Snap Peas
Spinach
Strawberries

Mid

Green Beans Summer Squash
Zucchini Lima Beans
Eggplant Tomatoes
Sweet Corn Peaches
Okra Melons
Cucumbers

Late

Turnips Spinach
Butternut Squash
Acorn Squash
Beets Kale
Green Beans Bird Egg Beans
Broccoli

Shallowbrook Farm
773 Old Winchester Rd
Boyce, VA 22620



Welcome to Shallowbrook Farm your source for locally grown *fresh* produce. Our farm is located outside of the town of Boyce, Virginia, in the beautiful countryside of Clarke County. We have been raising quality produce using sustainable methods for the past 8 years, and are once again excited to offer you another way to share in our harvest, the Shallowbrook Farm Fresh Cooperative. As a member, you will receive a weekly share of locally grown vegetables and fruits. You will also have the opportunity to purchase eggs, fresh cut flowers, chicken, milk, and our own farm-raised, all natural beef.



Why become a member?

- * You can experience the difference in the taste and texture of food that is really fresh and grown for flavor instead of shelf life.
- * You will be keeping your dollars in your community,
- * You will know more about where your food is coming from and how it is being raised.

FOR MORE INFORMATION SEE OUR WEBSITE:
WWW.SHALLOWBROOKFARMFRESH.COM OR
 AT SHALLOWBROOKFARMFRESH@GMAIL.COM
 ERIC KEENE 540-837-2381

The Shallowbrook Farm Fresh Cooperative is a partnership between our farm and the community. We will prepare, plant, maintain, and harvest our crop. Then you receive a portion of fresh picked, quality produce, boxed and ready for pick-up.



What's in a Vegetable Share?

Members will receive a weekly share of vegetables and fruits fresh picked for 20 weeks beginning in late May. We grow a wide variety of vegetables throughout the season, while not forgetting about everyone's old favorites. During the early part of the season you might expect to see things like greens, cabbage, broccoli, beans, onions, beets, and strawberries. In the heart of the season you will see tomatoes, summer squash, sweet corn, lima beans, eggplant, peaches, and much more. Toward the end of the season apples, greens, broccoli, turnips, and potatoes will take center stage. No matter what part of the season we are in, you'll get the best of the farm, fresh at your table!

2012 Cooperative Order Form

Fill out the form on www.shallowbrookfarmfresh.com, along with your check to reserve your spot today. Our mailing address is:

Shallowbrook Farm
 773 Old Winchester Rd
 Boyce, VA 22620

Cost for a full share you pick up... \$645.75 ADD \$60 for home delivery. A full share is a 1/2 bushel box of produce per week for the season. Suitable for a small family.

Cost for a half share you pick up...\$431.00 ADD \$60 for home delivery. A half share is 1/2 of a full share suitable for a couple.

Cost for a single share you pick up...\$293.00ADD \$60 for home delivery. Availability of single share home delivery will be left to our discretion. A single share is great for 1 person.

Service Areas

Clarke Co
 Frederick Co
 Fauquier Co
 Loudon Co
 Fairfax Co
 Prince William Co
 Silver Spring, MD
 Rockville, MD
 Washington, DC